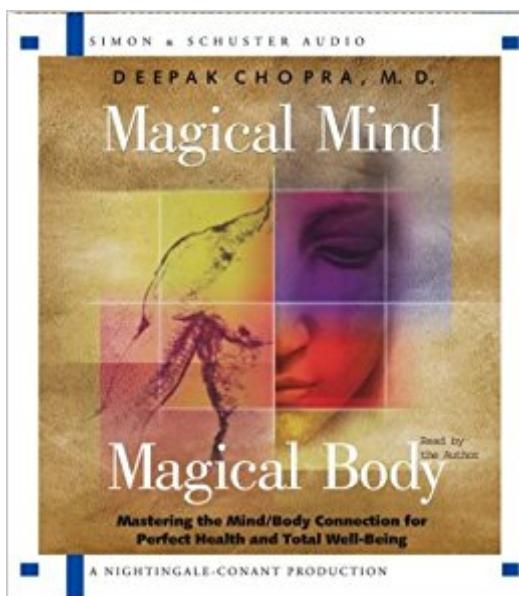


The book was found

# Magical Mind, Magical Body: Mastering The Mind/Body Connection For Perfect Health And Total Well-Being



## **Synopsis**

With *Magical Mind, Magical Body*, Dr. Chopra helps listeners to uncover the healing power of the mind and utilize the power of quantum healing to gain a perfect balance of mind, body and spirit. In *Magical Mind, Magical Body*, Dr. Deepak Chopra shows you how to reconstruct the blueprint of your body so that you can enjoy perfect health, higher levels of energy and vitality, and enhanced inner peace. This revolutionary approach tells how you can achieve these results through the power of your mind. Chopra explains the "quantum mechanical body" -- a level where thought is turned into physical reality. He tells you how to harness these new insights to make your cells think, and your thoughts move healing energy. In doing so, you will create the kind of health and mental state that you desire.

## **Book Information**

Audio CD

Publisher: Simon & Schuster Audio/Nightingale-Conant; Unabridged edition (June 1, 2003)

Language: English

ISBN-10: 0743530136

ISBN-13: 978-0743530132

Product Dimensions: 5 x 1 x 5.9 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 30 customer reviews

Best Sellers Rank: #339,053 in Books (See Top 100 in Books) #25 in Books > Books on CD > Health, Mind & Body > Fitness #138 in Books > Books on CD > Health, Mind & Body > General #254 in Books > Books on CD > Nonfiction

## **Customer Reviews**

Deepak Chopra, MD, has gained worldwide acclaim as a teacher and writer in fields as diverse as mind-body medicine, Ayurveda, the nature of God, and the path to success. Time magazine called him one of the 100 icons of the twentieth century, "the poet-prophet of alternative medicine." The author of more than sixty-four books translated into over eighty-five languages, including nineteen New York Times bestsellers, Dr. Chopra has sold more than twenty million copies of his books worldwide. He is the founder of the Chopra Center in Carlsbad, California. Deepak Chopra, MD, has gained worldwide acclaim as a teacher and writer in fields as diverse as mind-body medicine, Ayurveda, the nature of God, and the path to success. Time magazine called him one of the 100 icons of the twentieth century, "the poet-prophet of

alternative medicine. The author of more than sixty-four books translated into over eighty-five languages, including nineteen New York Times bestsellers, Dr. Chopra has sold more than twenty million copies of his books worldwide. He is the founder of the Chopra Center in Carlsbad, California.

This is a complete version of the Mind and Body and Spirit. If you want to evolve "awareness is the key" Deepak has a gift of putting it in simple western way on thinking with the eastern philosophy. A healthy over all Plan of loving yourself which effects the whole.

I'm listening to this series now for the second time and it is still relavent and valuable. I'm hearing new things that I didn't grasp the first time I listened. References to current news may be dated, but the information is timeless.

I bought this CD set as a gift for my son, I had the old tape series from many years ago and think it is truly 5 star.

thought I was getting ageless body ageless mind, but liked this one, Deepak is always good

Love it. Beautifully written and narrated. Easy to listen to again and again. I have lots of Chopra books and this has new material to enliven my drive to/from work.

I believe it is a wonderfull knowledge that one should be thought from time of childhood. Great feeling to hear Deepak Chopra talking and making you understand the laws of this univese and our world. A must to listen! A must to have!

Chopra does not disappoint. He is always full of practical, sound advice for living a more balanced life.

Outstanding. Enjoyed listening to these in my car. Chopra is a wonderful teacher and gets the point across.

[Download to continue reading...](#)

Magical Mind, Magical Body: Mastering the Mind/Body Connection for Perfect Health and Total Well-Being Irritable Bowel Syndrome & the Mind-Body Brain-Gut Connection: 8 Steps for Living a

Healthy Life with a Functional (Mind-Body Connection) Irritable Bowel Syndrome & the MindBodySpirit Connection: 7 Steps for Living a Healthy Life with a Functional Bowel Disorder, Crohn's Disease, or Colitis (Mind-Body-Spirit Connection Series.) Intentional Healing: Consciousness and Connection for Health and Well-Being 25 Natural Ways to Relieve Headaches : A Mind-Body Approach to Health and Well-Being The Yeast Connection and Women's Health (The Yeast Connection Series) The Yeast Connection Handbook: How Yeasts Can Make You Feel "Sick All Over" and the Steps You Need to Take to Regain Your Health (The Yeast Connection Series) The Yeast Connection Cookbook: A Guide to Good Nutrition, Better Health and Weight Management (The Yeast Connection Series) The Yeast Connection Cookbook: A Guide to Good Nutrition and Better Health The Yeast Connection Coo Grammar for the Well-Trained Mind: Comprehensive Handbook of Rules: A Complete Course for Young Writers, Aspiring Rhetoricians, and Anyone Else Who ... Works (Grammar for the Well-Trained Mind) Grammar for the Well-Trained Mind: Key to Student Workbook 1: A Complete Course for Young Writers, Aspiring Rhetoricians, and Anyone Else Who Needs ... Works (Grammar for the Well-Trained Mind) Grammar for the Well-Trained Mind: Student Workbook 1: A Complete Course for Young Writers, Aspiring Rhetoricians, and Anyone Else Who Needs to ... Works (Grammar for the Well-Trained Mind) Grammar for the Well-Trained Mind: Student Workbook 1: A Complete Course for Young Writers, Aspiring Rhetoricians, and Anyone Else Who Needs to ... Works (Grammar for the Well-Trained Mind) Aerobics Program For Total Well-Being: Exercise, Diet , And Emotional Balance The Aerobics Program for Total Well-Being: Exercise, Diet, Emotional Balance Laugh Your Way to Happiness: The Science of Laughter for Total Well-Being Nourishing Wisdom: A Mind-Body Approach to Nutrition and Well-Being Stop Being Your Symptoms and Start Being Yourself: The 6-Week Mind-Body Program to Ease Your Chronic Symptoms Super Brain: Unleashing the Explosive Power of Your Mind to Maximize Health, Happiness, and Spiritual Well-Being How To Dig A Well: Pictured Guide On How To Drill A Well And Provide Your Homestead With Fresh Water: (How To Drill A Well) The Chelation Controversy: How to Safely Detoxify Your Body and Improve Your Health and Well-Being

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)